

National Institutes of Health Environmental Management System



Help Secure Our Future... Recycle Around the Clock



The Clock is Ticking - Waste Less Recycle More



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Recycling Facts

Aluminum

- Recycling one aluminum can saves enough energy to run a TV for three hours.
- 350,000 aluminum cans are produced every minute.
- We use over 80,000,000,000 aluminum soda cans every year.

Plastic

- Americans use 2,500,000 plastic bottles every hour! Most of them are thrown away.
- Plastic bags and other plastic garbage thrown into the ocean kill as many as 1,000,000 sea creatures every year.

Trash & Landfills

- About one-third of an average dump is made up of packaging material.
- Every year, each American throws out about 1,200 pounds of organic garbage that can be composted.
- Although 100% of trash can be recycled, the U.S. is the #1 trash-producing country in the world at 1,609 pounds per person per year.

Important Web sites

America Recycles Day Web site

www.americarecyclesday.org/home.html

For More Information About Recycling in Your Neighborhood

1. Montgomery County - www.montgomerycountymd.gov/swstmpl.asp?url=/content/dpwt/solidwaste/index.asp
2. Loudon County - www.co.loudoun.va.us/oswm/recycle/
3. Arlington County - www.arlingtonva.us/Departments/EnvironmentalServices/swd/EnvironmentalServicesSwdRecycling.aspx
4. Washington DC - <http://recycle.dpw.dc.gov/recycle/site/default.asp>
5. Fairfax County - www.fairfaxcounty.gov/dpwes/trash/recyclingtrash.htm
6. Prince Georges County - www.co.pg.md.us/Government/AgencyIndex/DER/about_recycling.asp?h=20&s=&n=60&n1=100
7. Baltimore County - www.co.ba.md.us/Agencies/publicworks/recycling/recylfact.html
8. Allegany County - <http://gov.allconet.org/recycle/index.html>

Paper

- Approximately 1 billion trees worth of paper are thrown away every year in the U.S.
- If all our newspaper was recycled, we could save about 250,000,000 trees each year.

Glass

- The energy saved from recycling one glass bottle can run a 100-watt light bulb for four hours.
- Every month, we throw out enough glass bottles and jars to fill up a giant skyscraper. All of these jars are recyclable.

Did You Know?

- More than 20,000,000 Hershey's Kisses are wrapped each day, using 133 square miles of tinfoil. All that foil is recyclable, but not many people realize it.
- McDonald's saves 68,000,000 pounds of packaging per year just by pumping soft drink syrup directly from the delivery truck into tanks in the restaurant, instead of shipping the syrup in cardboard boxes.



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