

NIH GREEN ZONE NEWSLETTER

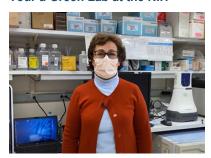
The Newsletter of the NIH Environmental Management System

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JUNE 2022

Tour a Green Lab at the NIH



Would you like to make your NIH lab green, but you don't know where to start? It can be difficult to know which changes are practical and safe for your lab, while also having a positive effect on the environment. The good news is there are already labs at the NIH that are using sustainability practices to make their labs green! These labs can be used as role models to determine what changes may work for your lab.

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) recently published a video offering a tour of one of their labs that has made major progress towards sustainability. This lab is located within the Genetics and Metabolism Section of the Liver Diseases Branch. The tour is led by Minoo Shakoury-Elizeh, one of the leaders of sustainability within the NIH. Minoo has led countless efforts to promote sustainability, both within her lab and throughout the NIH, including the NIH Green Labs Fair and the NIH Green Labs Program. As a result of Minoo's commitment to NIH sustainability, she has received multiple HHS Green Champion Awards, and has

presented at international sustainability conferences. Minoo has played a crucial role in the development of many sustainability programs at the NIH. Please take a few moments to watch her lab tour to see how she has implemented sustainability practices within her lab.

Tour an NIDDK Green Lab Here!

Labs interested in improving their sustainability should also participate in the NIH Green Labs Program. The Green Labs Program self-assessment is an excellent source of information for labs seeking to learn more about sustainability at the NIH. This document serves as a comprehensive list of the requirements and best practices for sustainability. Once your lab has completed a few initiatives to become more sustainable, you can apply to have your lab certified as an NIH Green Lab. More information on the 2022 NIH Green Labs Program will be available later this year.

Labs looking for green lab products should visit the NIH Green Labs Fair website. The Green Labs Fair showcases green lab products from a variety of product categories, such as energy-efficient equipment, safer chemical alternatives, products that use sustainable packaging, products that generate less waste and more. The most recent Green Labs Fair was held virtually on September 22, 2021. Many of the products featured at the Green Labs Fair can be viewed on the website. It is expected that another Green Labs Fair will be held this fall. Stay tuned for more information!

We hope this green lab tour has created a few ideas for how you can increase the sustainability of your own lab. Please contact green@od.nih.gov with any questions regarding sustainability at the NIH.

SPOTLIGHT



NIH Recipients of an FY2021 HHS Green Champion Award

The HHS Green Champion Awards honor the work of HHS employees for their contributions to sustainability. Employees from the NIH received seven awards for the FY 2021 cycle. Read the full article for descriptions of each project.

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TAKE ACTION



Revisit the NIH Earth Day

Each activity from the 2022 NIH Earth Day can be rewatched through the recordings linked inside this article. Simply click on the activity recording link, sign into your NIH account and enjoy!

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NEMS TRAINING

Did you know? The HHS Green Champion Awards have been recognizing individual and group sustainability efforts for 15 years! To learn more about sustainability at the NIH, please visit the NEMS Training webpage to view a short (20 minute) NIH environmental awareness training video.

The NIH Green Zone Newsletter is a publication intended to inform NIH staff about the Division of Environmental Protection and NIH Green Teams projects and initiatives.

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