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G R E E N

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Participate in the NIH Green Labs Program

Make a “reuse” craft

Use reusable bags on a shopping trip

Shop at a thrift store

Share an NIH Green Zone Newsletter with coworkers

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Clean freezer/fridge shelves & filter

Participate in Car Free Day OR Bike To Work Day

Use the NIH Free Stuff service

Power down when not around for a month

Recycle a campus-unique material

E

Try composting

Repair or restore an item

Subscribe to the NIH Green Zone Newsletter

Grow a plant

Attend the NIH Green Labs Fair

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Procure an electronic from PDRS

Attend a Sustainability Working Group Meeting

Shop at a local farmer’s market

Participate in the NIH Freezer Challenge

Eat a sustainable diet for one week

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Subscribe to the NIH ORF YouTube Channel

Empty your recycle bin weekly for a month

Attend Safety, Health, & Wellness Day

Update your inventory

Participate in the NIH Chemical Redistribution Program